BRUNCH MENU

START WITH A GLASS OF BUBBLES?

SERVED ALL DAY

Signature Protein Pancakes See separate menu.

Brazilian Acai bowl	Açaí berry	smoothie,	condensed	milk,	dehydrated	milk,	banana,	gluten-free granola,	13
strawberry. ^{5, 6, 7, 8} lcash	ew), 11								
Pink Acerola Bowl A	cerola berry	smoothie,	banana, qlu	iten-f	ree granola,	mixed	berries.	5, 6, 8 (cashew), 11	13

Overnight Oats Oats, chia, coconut milk served with mixed berries and maple syrup/honey. 1/wheatl, 6 6

SAVOURY

SWEET

Breakfast Board Bacon, black pudding, spicy beans, gourmet sausages, fried eggs, grilled halloumi, **18** sourdough. *1 (wheat) 3, 6, 7, 10, 12*

Chicken Breast Burger Fried chicken, cheddar, honey & mustard slaw, beef tomato, mixed leaves, chipotle **18** mayo on brioche. Served with fries. 1/wheat0, 3, 7, 10, 9

Breakfast Bowl Mixed leaves, quinoa, signature smashed avo, marinated cherry tomatoes, black pudding 16 crumb, poached eggs, house dukkah, crispy onions. 1/wheatl, 3, 7, 8 (hazelnut, pistachio, cashew), 12 (Chef recommends HalloumI €5 or Sausage €4.5).

Avo Toast Signature smashed avo, rainbow cherry tomatoes, mixed leaves, poached eggs, house dukkah, 16 crispy onions, beetroot yoghurt. 1(wheat), 3, 7, 8 (hazelnut, pistachio, cashew), 11, 12 [Chef recommends Streaky Bacon €4].

Gochujang Beans Pico de gallo, chilli, scallion, feta, poached eggs, dukkah, crispy onions, pan-fried **15.5** sourdough. 1/wheatl, 3, 6, 7, 8 (hazelnut, pistachio, cashew), 11, 12

Breakfast Brioche Bacon, halloumi, fried egg, relish, signature smashed avo, spinach, brioche bun. 1/wheat(,3,7,10 14

EXTRAS -

Veggie pudding €4 | Black pudding €4 | Streaky Bacon €4 | Halloumi €5 | Sourdough Toast & Butter €3 Poached Eggs €4.5 | Gourmet Sausages €4.5 | Smashed Avo €4 | Sweet potato fries €6 | Regular fries €6

SERVED FROM 12 PM

BOWLS & SAMBOS

 Falafel Salad
 Falafel, mixed leaves, burnt corn, carrot, avo, cherry tomatoes, jalapenos, mixed seeds, house
 16

 dressing. 1 (wheat), 6, 11
 11

Taco Salad Mixed leaves, cherry tomatoes, feta, nachos, burnt corn, guac, red onion, marinated red beans, 15.5 jalapenos, chipotle mayo. ¹ (wheat), 3, 7</sup> (Chef recommends chicken €5)

Chicken Chorizo Melt Chicken, chorizo crumb, spinach, cheddar, chorizo mayo on toasted sourdough, 1/wheatl, 3, 7 14

Ham & Cheese Classic Ham, cheddar, rocket. pickled onion, mayo on toasted sourdough. (Served with Salad) 13
(SAMBOS TO GO €10)

- We cannot guarantee 100% gluten free as fresh foods are prepared in a small kitchen which contains gluten products $\,$ -

ALLERGENS: 1 Cereals / 2 Crustaceans / 3 Eggs / 4 Fish / 5 Peanuts / 6 Soybeans / 7 Milk / 8 Nuts / 9 Celery / 10 Mustard / 11 Sesame / 12 Sulphur dioxide & sulphites / 13 Lupin / 14 Molluscs.

PO

14



DRINKS —

APERITIVOS

Glass of Prosecco / Bottle of Prosecco	10/38
Glass of White Wine	6.5
Glass of Red Wine	6.5

SMOOTHIES & JUICES

Strawberry Blonde Strawberry, coconut milk,	7
orange, banana	
Skinny Bitch Blueberry, raspberry, strawberry,	7
blackberry, apple juice	
The Body Builder Banana, vanilla protein,	7
almond milk, peanut butter ^{7, 8}	
Fresh Apple Juice	5
Fresh OJ	5
VitHit Green Apple + Elderflower	4.25
VitHit Mango + Passion Fruit	4.25

HOT DRINKS | COFFEES | TEAS

Nutella Hot Chocolate ^{6, 7, 8}	5
Vegan Oreo Hot Chocolate ¹ (wheat)	5
Matcha Latté ⁷	5
Pink Beet Chai ⁷	5
Double Espresso	3.8
Americano	3.8
Cappuccino/Latte/Flat White/Espresso	4.1
Macchiato 7	
Mocha ⁷	4.6
Breakfast Tea	3.6
Herbal Teas Selection of SUKI loose-leaf tea	3.8
Matcha Tea	4

SODAS + LEMONADES

Peach Iced Tea	3.5
Classic Lemonade	3.5
Raspberry & Mint Lemonade	4.5
Watermelon Sugar Soda	4.5
Blackberry Soda	4.5
Coke Zero, Sprite	3

ICED COFFEES

Iced Americano	4
Iced Latte 7	4.5
Iced Mocha 7	5.5
Iced Matcha 7	5.5
Protein Coffee Espresso, cacao, vanilla	6
protein, almond milk ⁷	

KIDS DRINKS

Fresh Apple Juice	2.5
Fresh OJ	2.5
Kiddies Hot Chocolate 7	2.5
Babyccino 7	1

ADD TO YOUR DRINK

Whipped Cream	1
Add Syrup to your coffee	0.80
Make it Vegan	0.50





