

BRUNCH MENU



START WITH BUBBLES?... MIMOSA | BELLINI | PROSECCO

SERVED ALL DAY

SWEET

- Signature Protein Pancakes** See separate menu. **14**
- French Toast** Brioche french toast served with caramelised banana, salted caramel, whipped cream and crisped rice. ^{1 (wheat), 3, 7} **14.5**
- Brazilian Acai bowl** Açai berry smoothie, condensed milk, dehydrated milk, banana, gluten-free granola, strawberry. ^{5, 6, 7, 8 (cashew), 11} **13**
- Pink Acerola Bowl** Acerola berry smoothie, banana, gluten-free granola, mixed berries. ^{5, 6, 8 (cashew), 11} **13**

SAVOURY

- Breakfast Board** Bacon, black pudding, spicy beans, gourmet sausages, fried eggs, grilled halloumi, sourdough. ^{1 (wheat) 3, 6, 7, 10, 12} **18**
- Chicken Breast Burger** Fried chicken, cheddar, honey & mustard slaw, beef tomato, mixed leaves, chipotle mayo on brioche. Served with fries. ^{1 (wheat) 0, 3, 7, 10, 9} **18**
- Breakfast Bowl** Mixed leaves, quinoa, signature smashed avo, marinated cherry tomatoes, black pudding crumb, poached eggs, house dukkah, crispy onions. ^{1 (wheat), 3, 7, 8 (hazelnut, pistachio, cashew), 12} (Chef recommends Halloumi **€5** or Sausage **€4.5**). **16**
- Avo Toast** Signature smashed avo, rainbow cherry tomatoes, mixed leaves, poached eggs, house dukkah, crispy onions, beetroot yoghurt. ^{1 (wheat), 3, 7, 8 (hazelnut, pistachio, cashew), 11, 12} (Chef recommends Streaky Bacon **€4**). **16**
- Gochujang Beans** Pico de gallo, chilli, scallion, feta, poached eggs, dukkah, crispy onions, pan-fried sourdough. ^{1 (wheat), 3, 6, 7, 8 (hazelnut, pistachio, cashew), 11, 12} **15.5**
- Breakfast Brioche** Bacon, halloumi, fried egg, relish, signature smashed avo, spinach, brioche bun. ^{1 (wheat), 3, 7, 10} **14**

EXTRAS

Veggie pudding **€4** | Black pudding **€4** | Streaky Bacon **€4** | Halloumi **€5** | Sourdough Toast & Butter **€3**
Poached Eggs **€4.5** | Gourmet Sausages **€4.5** | Smashed Avo **€4** | Pulled Pork **€5** | Sweet potato fries **€6** | Regular fries **€6**

SERVED FROM 12 PM

BOWLS

- Falafel Salad** Falafel, mixed leaves, burnt corn, carrot, avo, cherry tomatoes, jalapenos, mixed seeds, house dressing. ^{1 (wheat), 6, 11} **16**
- Taco Salad** Mixed leaves, cherry tomatoes, feta, nachos, burnt corn, guac, red onion, marinated red beans, jalapenos, chipotle mayo. ^{1 (wheat), 3, 7} (Chef recommends chicken **€5**). **15.5**

SERVED WITH SIDE SALAD

SANDWICHES

- Chicken Chorizo Melt** Chicken, chorizo crumb, spinach, cheddar, chorizo mayo on toasted sourdough. ^{1 (wheat), 3, 7} **14**
- Falafel Flatbread Wrap** Crispy fried Falafel, mixed leaves, cherry tomatoes, burnt corn, jalapenos, house dressing. ^{1 (wheat), 3, 6, 11} **12.5**

We cannot guarantee 100% gluten free as fresh foods are prepared in a small kitchen which contains gluten products

ALLERGENS: 1 Cereals / 2 Crustaceans / 3 Eggs / 4 Fish / 5 Peanuts / 6 Soybeans / 7 Milk / 8 Nuts / 9 Celery / 10 Mustard / 11 Sesame / 12 Sulphur dioxide & sulphites / 13 Lupin / 14 Molluscs.



DRINKS

APERITIVOS

Mimosa Fresh orange juice, Prosecco	12.5
Bellini Peach Puree, Prosecco	12.5
Aperol Spritz Aperol, soda water, Prosecco	12.5
Glass of Prosecco / Bottle of Prosecco	10/38
Peroni	6

HOT DRINKS | COFFEES | TEAS

Nutella Hot Chocolate ^{6, 7, 8}	5
Vegan Oreo Hot Chocolate ^{1 (wheat)}	5
White Hot Chocolate	5
Matcha Latté ⁷	5
Pink Beet Chai ⁷	5
Double Espresso	3.8
Americano	3.8
Cappuccino/Latte/Flat White/Macchiato ⁷	4.1
Mocha ⁷	4.6
White Mocha	4.6
Breakfast Tea	3.6
Herbal Teas Selection of SUKI loose-leaf tea	3.8
Matcha Tea	4

ICED COFFEES

Iced Americano	4
Iced Latte ⁷	4.5
Iced Mocha ⁷	5.5
Iced Matcha ⁷	5.5
Protein Coffee Espresso, cacao, vanilla protein, almond milk ⁷	6

SMOOTHIES & JUICES

Strawberry Blonde Strawberry, coconut milk, orange, banana	7
Skinny Bitch Blueberry, raspberry, strawberry, blackberry, apple juice	7
The Body Builder Banana, vanilla protein, almond milk, peanut butter ^{7, 8}	7
Fresh Apple Juice	5
Fresh OJ	5
VitHit Green Apple + Elderflower	4.25
VitHit Mango + Passion Fruit	4.25

SODAS + LEMONADES

Peach Iced Tea	3.5
Classic Lemonade	3.5
Raspberry & Mint Lemonade	4.5
Watermelon Sugar Soda	4.5
Blackberry Soda	4.5
Coke Zero, Sprite	3
Still Filtered IceWater (free refill)	1.5
Sparkling Filtered IceWater (free refill)	2
Ishka Still Water Bottle	2

KIDS DRINKS

Fresh Apple Juice	2.5
Fresh OJ	2.5
Kiddies Hot Chocolate ⁷	2.5
Babyccino ⁷	1

ADD TO YOUR DRINK

Whipped Cream	1
Add Syrup to your coffee	0.80
Make it Vegan	0.50